# Social Resilience: The Case of Migrants and COVID-19

Valerie Preston, York University
John Shields and Marshia Akbar, Ryerson University

Presentation for Newcomer Resilience and COVID-19: Settlement Policies and Programs BMRC-IRMU webinair, Feb. 23, 2022



## Purpose

- Illustrate the value of a social resilience approach by examining how institutions mitigated impacts of COVID-19 on migrants.
  - A social resilience approach
  - Impacts of COVID-19 on migrants
  - Institutional responses to COVID-19
  - Merits of a social resilience approach



## Resilience and the Pandemic



Global Agenda COVID-19 Risk and Resilience Pandemic Preparedness and Response

#### 3 keys to a resilient post-pandemic recovery

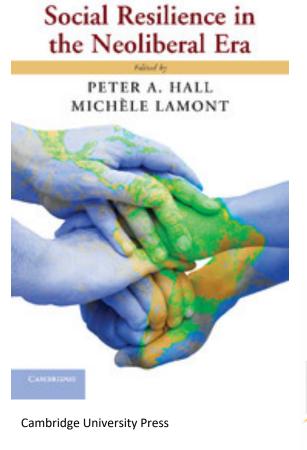


History shows that in times of disruption, resilience depends on adaptability and decisiveness

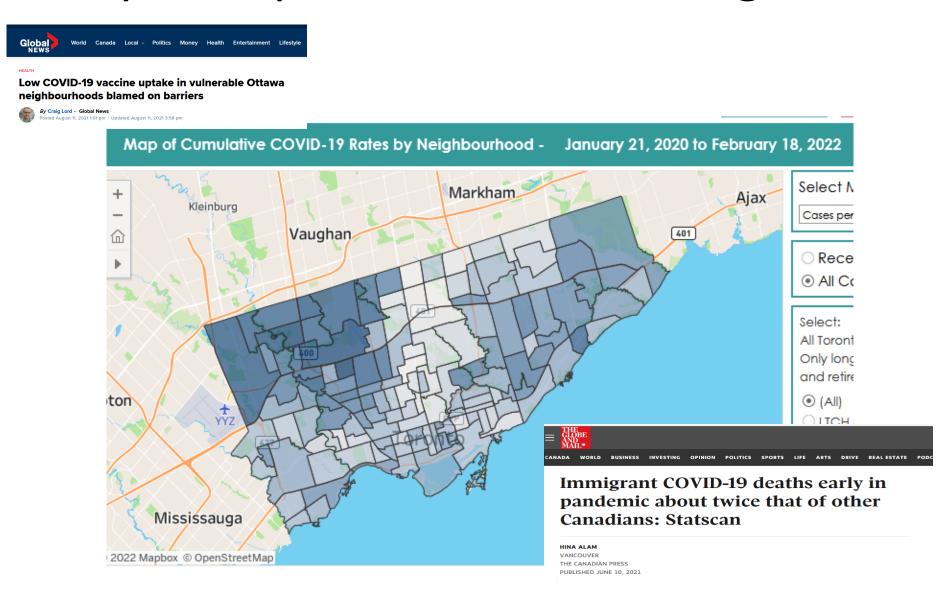


## Social Resilience Approach

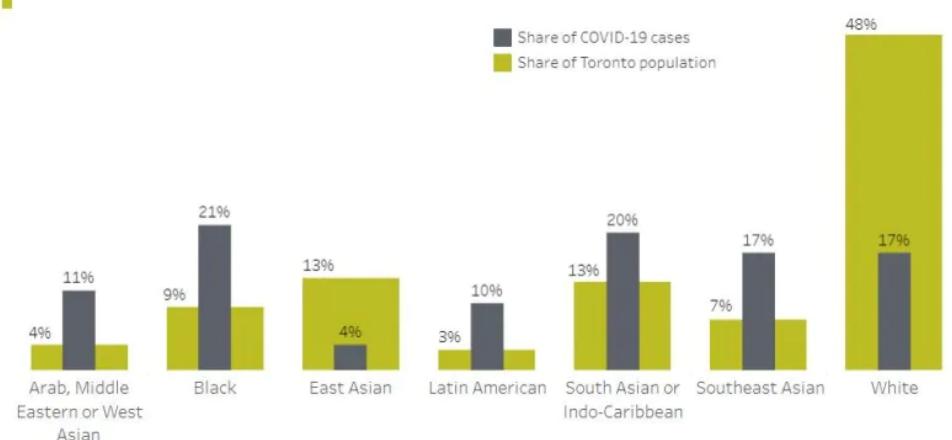
- The capacity of migrants to navigate resources and institutional supports to overcome settlement challenges.
  - Relational
  - Learned and dynamic
  - Shaped by institutional context
  - Potentially transformative for migrants and institutions



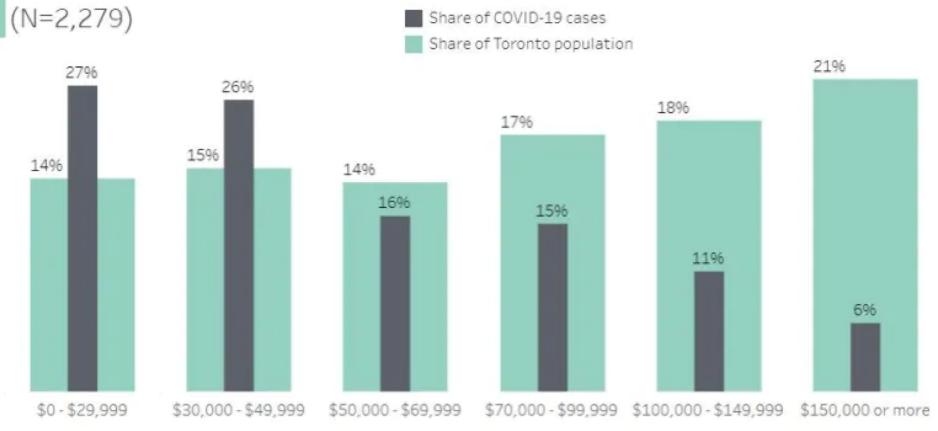
## Unequal Impact of COVID on Migrants



Share of COVID-19 cases among ethno-racial groups compared to the share of people living in Toronto, with valid data up to July 16, 2020 (N=3,861)



Share of COVID-19 cases by household income compared to the share of people living in Toronto by income group, with valid data up to July 16, 2020



## Institutional responses

- Service provision
- Information exchange
- Collaboration
- Advocacy

### How local volunteers are helping Toronto's least vaccinated community get shots in arms









Only 57% of residents over 18 are immunized against COVID-19 in Taylor-Massey

Michelle McCann · Posted: Jul 10, 2021 4:00 AM ET | Last Updated: July 10, 2021



Community ambassadors stand outside an apartment building in the east end neighbourhood of Massey-Taylor. Volunteers have been knocking on doors in the area to encourage residents to get vaccinated. (Submitted by WoodGreen Community Services)







## Institutional Responses: Service Provision

- Put services online
  - Accelerated technological change
  - Expanded eligibility for services
- Maintained critical inperson services
- Assisted with volunteer efforts

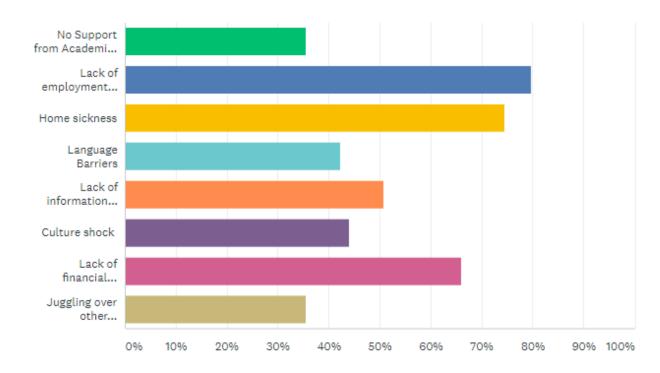




## Institutional Responses: Information Exchange

#### Factors Affecting International Students' Mental Health

- Consultation tables
- Information needs

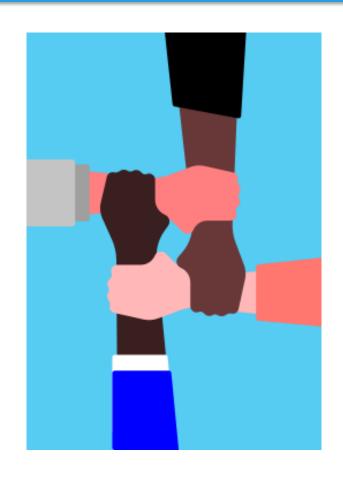


COSTI, 2021. International Student Connect Survey.



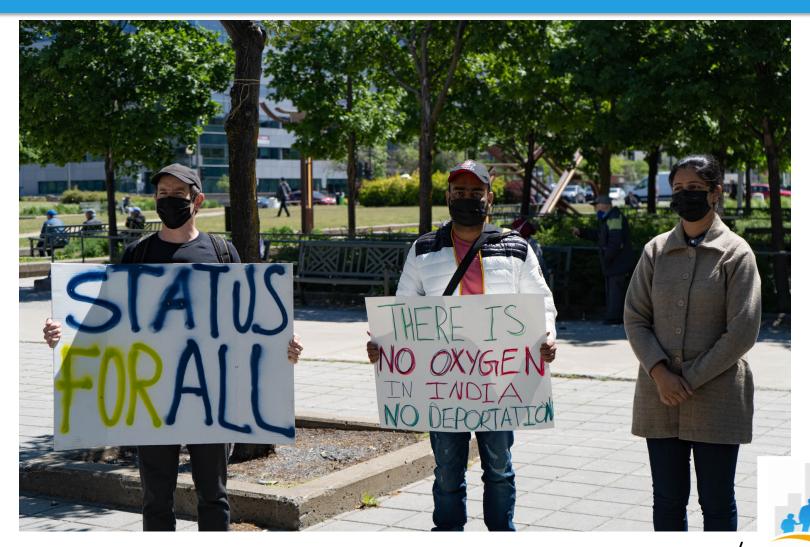
## Institutional Responses: Collaboration

- Evolving relationships:
  - Existing relations deepened, e.g., schools
  - With new partners, e.g., food banks
- Diverse relationships:
  - Settlement agencies and other non-profits
  - Municipal, provincial, and federal governments
  - Ethnocultural groups, faith organizations, etc.
- Reflected past experience:
  - Syrian refugee initiative





## Institutional Responses: Advocacy



## Merits of Social Resilience Approach

#### **Key factors**

- Diverse organizations:
  - Well-funded, stable organizations and small, emerging organizations
- History of collaboration
- Involvement from multiple scales; neighbourhood to national
- Cooperative funders

#### Social resilience approach

"the key to building immigrant resilience is the same as building resilience in all of us: providing a deep sense of connection — connection to other people and to the community" (Shields and Lujan 2019).



## **Takeways**



## Immigrant COVID-19 deaths early in pandemic about twice that of other Canadians: Statscan

HINA ALAM VANCOUVER THE CANADIAN PRESS PUBLISHED JUNE 10, 2021



How local volunteers are helping Toronto's least vaccinated community get shots in arms



- Social resilience is relevant, especially during a pandemic
- Institutions mitigated the unequal impacts of COVID-19 through
  - Service provision
  - Information exchange
  - Collaboration
  - Advocacy
- Advantages of social resilience approach:
  - Relational
  - Dynamic
  - Social and geographical differences
  - Allows for transformation



# Questions/Comments Thank you

vpreston@yorku.ca



# Building Migrant Resilience in Cities/Immigration et résilience en milieu



http://bmrc-irmu.info.yorku.ca/



@bmrc\_irmu





**BMRC - IRMU**